

NAC+ Complex

This specialist supplement from Viridian combines NAC, Chromium, L-Glutamine and Cinnamon in a formula developed by our in-house team of expert nutritionists.

The core ingredient is N-acetyl L-cysteine (NAC), with two capsules delivering 800mg. Cysteine is one of 20 amino acids that are the building blocks of proteins used throughout the body. Cysteine is a non-essential amino acid and one of 12 amino acids that can be produced naturally by the body. Provided in the form of N-acetyl L-cysteine, it provides stability and increased bioavailability for the body to utilise.

This is supported by a second amino acid, L-Glutamine. This is the most common amino acid and is found in large amounts in the muscles. Foods that contain L-Glutamine include red meat, dairy products and fish.

The addition of chromium contributes to the maintenance of normal blood glucose levels. Lastly, cinnamon, also known as 'sweet wood', is the brown bark of the cinnamon tree that is dried and ground into a powder. This spice has been well studied clinically and has a long history of traditional use in both Eastern and Western cultures. Sourced from India, the Ceylon cinnamon bark extract is also known as 'true' cinnamon.

Contains 100% active ingredients formulated by expert nutritionists with no artificial fillers and no nasties. Sourced according to Viridian's strict ethical criteria including no animal testing, GMO or palm oil.

Key Features:

- High potency formula
- Bioavailable form of chromium
- Chromium contributes to the maintenance of normal blood glucose levels.
- Suitable for vegans



Nutritional Information: two capsules provide:

Ingredient	Weight	% NRV
N-acetyl L-cysteine (NAC)	800mg	
L-Glutamine	200mg	
Cinnamon Extract (30:1)	60mg	
Chromium Picolinate	400ug	1000
Plant cellulose capsule		

Directions: take two to four capsules daily with food, or as directed by your healthcare practitioner.

Ordering Information:

Code	Size	Description	Barcode
374	60	NAC+ Veg Caps	5060003593744

In stock and available to order. Call 01327 878050
or email info@viridian-nutrition.com