

Vitamin D3 4000IU

Vitamin D 4000IU is a high potency dose of this essential nutrient. Ideal to take 1-3 times per week as a convenient way to top up vitamin D levels. Whereas most vitamin D3 supplements on the market are derived from the lanolin in sheep’s wool, Viridian Vitamin D3 capsules provide vitamin D3 in a vegan form derived from lichen. Viridian D3 has been clinically studied at the University of Surrey and proven to increase blood serum levels of vitamin D.

Vitamin D is often referred to as ‘the sunshine vitamin’ as it is naturally produced under the skin following exposure to sunlight. During winter periods we can’t make vitamin D from sunlight because the sun is too low in the sky. Because it’s difficult to get enough vitamin D from food, Public Health England recommend supplementation of vitamin D to maintain bone and muscle health.

Vitamin D contributes to the maintenance of normal bones, teeth, muscle function and immune function. Vitamin D also contributes to normal absorption/utilisation of calcium and phosphorus.

Contains 100% active ingredients, formulated by expert nutritionists with no artificial fillers and no nasties. Sourced according to Viridian’s strict ethical criteria including no animal testing, GMO or palm oil.

Key Features:

- Convenient mini capsules
- Ideal to take 1-3 times per week
- Vegan form of Vitamin D from Lichen
- Supports bones, muscles and immunity



The Sunshine Vitamin

Nutritional Information: one capsule provides:

Ingredient	Weight	% NRV
Vitamin D3 (4000IU)	100µg	2000
In a base of Alfalfa, Spirulina and Bilberry		
Plant cellulose capsule		

Directions: take one to three capsules per week with food or as recommended by your healthcare practitioner.

Ordering Information:

Code	Size	Description	Barcode
245	30	Vitamin D3 4000IU Veg Caps	5060003592457
246	90	Vitamin D3 4000IU Veg Caps	5060003592464

In stock and available to order. Call 01327 878050 or email info@viridian-nutrition.com